



## Terri Bryant - Autumn 2010 Part 1

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### Phase IV Healthy♥Heart Cardiac Rehabilitation Classes

<p>Waterlooville Community Centre ASDA Car Park <b>WATERLOOVILLE</b> Monday 6.00 - 7.00 pm <b>£3.50</b> per session or block pay <b>£21*</b></p>	<p>St Mary's Church Hall St Mary's Road <b>HAYLING ISLAND</b> PO11 ONT Wednesday 9.00 - 10.30 <b>£3.50</b> per session or block pay <b>£21*</b></p>	<p>Jubilee Hall Catherington Lane <b>HORNDEAN</b> PO8 9SU Friday 9.30 - 10.30 am <b>£3.50</b> per session or block pay <b>£24.50*</b></p>
<p><b>Mon 30 August - NC</b> Mon 06 September Mon 13 September Mon 20 September Mon 27 September Mon 04 October <b>Mon 11 October - NC</b> Mon 18 October Mon 25 October</p>	<p><b>Wed 01 Sept-NC</b> Wed 08 September Wed 15 September Wed 22 September Wed 29 September Wed 06 October <b>Wed 13 October - NC</b> Wed 20 October Wed 27 October</p>	<p>Fri 3 September Fri 10 September Fri 17 September Fri 24 September Fri 01 October Fri 08 October <b>Fri 15 October - NC</b> Fri 22 October Fri 29 October</p>

\*Block pay in advance and get 1 class free (min 4 paid classes). No payment required for classes if holiday known at the time of paying. Any class missed through illness may be carried forward. Please make any cheques payable to T. Bryant

**NC = No CLASS**